

# What is the best way for you to learn?

*If you know how you learn, then you can use this to help you improve.*

The following is a simple survey. Follow these steps to find out your preferred learning style:

1. Answer each of these questions by circling yes or no and score yourself.
2. Read: "Ways of Enhancing Different Learning Styles" on the following page.

If you enjoyed finding out about how you prefer to learn, why not try a couple of online surveys? Make sure you print these out to bring to school to share.

*Learning Styles Surveys:*

[www.howtolearn.com/personal.html](http://www.howtolearn.com/personal.html)

[www.tamu.edu/coalition/malave/learning.htm](http://www.tamu.edu/coalition/malave/learning.htm)

<http://musr.physics.ubc.ca/~jess/surveys/lsty/>

*Multiple Intelligences Survey and Revision Survey:*

[www.surfaquarium.com/MIinvent.htm](http://www.surfaquarium.com/MIinvent.htm)

[www.learn.co.uk/preparation/revision/learnguide/learner.asp](http://www.learn.co.uk/preparation/revision/learnguide/learner.asp)



## ***Preferred Learning Styles Survey***

1. I prefer to see how a task is done before I try it... *Yes/No*
2. I like to jump in and try what I am learning even if I make a mistake... *Yes/No*
3. I like it when I can discuss what we are learning about... *Yes/No*
4. I tend to use a lot of gestures and movement when I am talking to people... *Yes/No*
5. I remember names and voices better than faces... *Yes/No*
6. I like books that are illustrated... *Yes/No*
7. I learn by moving... *Yes/No*
8. I would rather listen to a story on tape than read it... *Yes/No*
9. I would rather watch TV than listen to music... *Yes/No*
10. I prefer spoken instructions to written ones... *Yes/No*
11. I remember things best if I actually do them... *Yes/No*
12. I remember things best so long as I see them done... *Yes/No*
13. I like to have music on in the background when I am studying... *Yes/No*
14. I like to be comfortable when studying... *Yes/No*
15. I like lots of colour... *Yes/No*
16. I would rather be doing something than watching TV... *Yes/No*
17. I can easily picture things in my head... *Yes/No*
18. I can easily remember what I hear... *Yes/No*
19. I spend a lot of time on the telephone... *Yes/No*
20. I prefer to look at people when they are talking to me... *Yes/No*
21. I sometimes eat snacks while I study... *Yes/No*
22. It is difficult for me to sit still for a long time... *Yes/No*
23. I take in information when teachers use posters, charts and pictures... *Yes/No*
24. I take in information through listening to teachers talking... *Yes/No*
25. I often rock back in my chair or fidget in class... *Yes/No*
26. I tend to remember faces better than names... *Yes/No*
27. I sometimes get into trouble for talking in class... *Yes/No*
28. I sometimes find it difficult to concentrate if I sit by a window... *Yes/No*
29. I get restless easily... *Yes/No*
30. I would rather listen to music than watch TV... *Yes/No*

## *Preferred Learning Styles Marking Guide*

Tick if YES and total your score below.

### **Totals:**

V = \_\_\_\_ (visual- seeing)

A = \_\_\_\_ (auditory- listening)

K = \_\_\_\_ (kinaesthetic- moving)